



KYOTO UNIVERSITY  
Graduate School of Advanced Integrated Studies  
in Human Survivability (GSAIS/Shishu-Kan)



## Research Group on Mindful Living



### Online Mini-Workshop

## Study, Reflection, and Cultivation (聞・思・修): The Threefold Wisdom Model in *Mahāyāna* Traditions and Its Potentialities

**Friday 26th November, 2021, 15:00-17:00** (Japan standard time, UTC+9)

*In English, free and open to all*

Please register by sending an email to: [philosophia@gsais.kyoto-u.ac.jp](mailto:philosophia@gsais.kyoto-u.ac.jp)  
indicating your name & affiliation, then Zoom link will be sent to you

**15:00-15:25** “Sources of Japanese Buddhist Philosophy of Education:  
Saichō (最澄, 767–822) on Study, Reflection, and Cultivation”  
*By Ryotaro Kusumoto, PhD Student, GSAIS*

**15:25-15:50** “Study, Reflection, Cultivation and Awakening (聞思修証)  
in Dōgen’s (道元, 1200-1253) Zen Philosophy”  
*By Masaki Nomura, PhD Student, GSAIS*

**15:50-16:15** “The Integration of Study, Reflection and Cultivation in Tibet:  
Yeshe Gyaltzen’s (1713-1793) Contemplative Manual”  
*By Lobsang Gnon Na, PhD Student, GSAIS*

**16:15-16:40** “Rethinking Mindfulness in Education within Two Frameworks:  
Articulating the ‘Threefold Model of Mindful Wisdom’ with the  
‘Theory of Mental Interference’”  
*By Kamala Klebanova, PhD Student, University of Hamburg*

**16:40-17:00** **General Discussion**

*Facilitated by Marc-Henri Deroche, PhD, Associate Professor, GSAIS*