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## CURRICULUM VITAE

### ACADEMIC POSITIONS & EMPLOYMENT HISTORY

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**2015-present Associate Professor, Graduate School of Advanced Integrated Studies in Human Survivability (GSAIS/Shishu-Kan) 京都大学大学院総合生存学館 (思修館), Section of Humanities & Philosophy, Kyoto University**

2013-2015 Collaborative Researcher at Kyoto University Kokoro Research Center

2013-2015 Assistant Professor (specially appointed), Hakubi Center for Advanced Research, Kyoto University & appointed to the Graduate School of Letters, Buddhist Studies

2012-2015 Part-time Lecturer in Intellectual History (思想史), Institut français Japon-Kansai, Kyoto

2012-2014 Assistant Editor of the Academic Journal *Psychologia*, Kokoro Research Center, Kyoto University

2005-2019 Co-Researcher of the Project “Toward a History of Philosophical Thought in Tibet” directed by Matthew KAPSTEIN, Paris, Centre de Recherche sur les Civilisations de l’Asie Orientale (CRCAO, UMR 8155 of the CNRS)

2011-2012 Research Assistant, Kyoto University, Graduate School of Letters, Buddhist Studies

2005-2008 Doctoral Researcher (“Allocataire de recherche”), Paris, École Pratique des Hautes Études (EPHE), Religious Studies, three-year salary contract

### ACADEMIC EDUCATION

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2022-2023 1-year Teacher Training in Mindfulness-Based Cognitive Therapy for Life (dedicated to general, non-clinical population), Oxford Mindfulness Foundation (28 full days of online training)

2016 3-Day Intensive Training in Mindfulness-Based Cognitive Therapy with Mark Williams (Oxford Mindfulness Research Centre), hosted in Tokyo by the Japanese Association of Mindfulness

- 2010-2013 Second Doctorate Course, with the Scholarship of the Japanese Ministry of Education (文部科学省), Kyoto University, Graduate School of Letters, Buddhist Studies
- 2011 National Diploma of Doctor** with the *Highest Distinction* (“Mention Très honorable avec félicitations”), Paris, École Pratique des Hautes Études (EPHE), Asian Studies  
 Thesis defended on October 3<sup>rd</sup>, 2011, Paris  
 Supervisor: Matthew T. KAPSTEIN  
 Jury: Franz-Karl EHRHARD, Samten Gyaltzen KARMAY, Fernand MEYER, Jean-Noël ROBERT and Heather STODDARD.  
 Thesis title: *Prajñāraśmi* (*'Phreng po gter ston Shes rab 'od zer, Tibet, 1518-1584*): *Vie, œuvre et contribution aux renaissances de l'école ancienne* (rnying ma) *et à la floraison de l'approche non-partisane* (ris med).
- 2008-2010 Research Student, with the Scholarship of the Japanese Ministry of Education (文部科学省), Kyoto University, Graduate School of Letters, Buddhist Studies
- 2005-2008 Doctoral Course, Paris, EPHE, Religious Studies
- 2007-2008 First year of the diploma of Japanese Language and Civilization, Paris 7 Diderot University
- 2003-2005 Master 2, High Asian Studies, Paris, EPHE, Religious Studies, Paris, Supervisor: Matthew T. KAPSTEIN
- 2003-2005 Diploma of Tibetan Language and Civilization (DULCO), Paris, Institut National des Langues et Civilisations Orientales (INALCO)
- 2000-2002 Master 1 of Ethnology, Bordeaux 2 Victor Ségalen University
- 1997-2000 Bachelor of Ethnology, Bordeaux 2 Victor Ségalen University (first two years: DEUG of Sociology and Philosophy at Poitiers University)
- 1997 “Baccalauréat,” Scientific (S), Mention Good (“Bien”), Lycée Camille Guérin, Poitiers

## ACADEMIC ACHIEVEMENTS

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### Books

1. Deroche, M.-H. *Une quête tibétaine de la sagesse: Prajñāraśmi (1518-1584) et l'attitude impartiale* (ris med). Louvain: Brepols Publishers, Collection des Hautes Etudes, Section des sciences religieuses, 2023. 724 pages. ISBN: 978-2-503-60337-7

### Edited volumes

2. Deroche, M.-H. (ed.). *Study, Reflection, and Cultivation: Integrative Paths to Wisdom from Buddhist and Comparative Perspectives*, Special Issue of the *Journal Religions*, 2022-2023.
3. Deroche, M.-H., Schapiro, J., Kumagai, S., and Gurung K. N. (eds) *Revisiting Tibetan Religion and Philosophy: Proceedings of the International Seminar of Young Tibetologists in Paris*, *Revue d'Études Tibétaines*. Paris: Centre National de la Recherche Scientifique, n° 22, November 2011. (Also Printed in India, Dharamsala: Amnye Machen Institute, 2012.)
4. Deroche, M.-H. and Bouazza, H. (eds) *Islam-Dharma. Rencontre à cœur ouvert*. Saint Hugon: Prajñā Publications, 2004.

## **Articles in Journals**

5. Deroche, M.-H. “Ethos of the Great Perfection: Continual Mindfulness According to Patrul’s Foundational Manual” *Journal of Buddhist Ethics* 29, 2022, pp. 177-204. ISSN 1076-9005
6. Deroche, M.-H., and Sheehy, M. S. “The Distinctive Mindfulness of Dzogchen: Jigme Lingpa’s Advice on Meta-Awareness and Nondual Meditation.” *Religions* 13, no. 7: 573, 2022, pp. 1-30. <https://doi.org/10.3390/rel13070573>
7. Deroche, M.-H. “Living Mindfully Through Crisis: Searching for Life Advice in the “Philosophy-Medicine” of Buddhism.” *Eidos. A Journal for Philosophy of Culture* 5, no. 1, 2021, pp. 50-69. <https://doi.org/10.14394/eidos.jpc.2021.0004>
8. Deroche M.-H. Mindful wisdom: The path integrating memory, judgment, and attention. *Asian Philosophy*, 31:1, 2021, pp. 19-32, DOI: [10.1080/09552367.2021.1875610](https://doi.org/10.1080/09552367.2021.1875610)
9. Deroche, M.-H. The Conversion of Attention: Mindfulness in Classical Dzogchen. *Philosophy East and West*. 71, no. 4, 2021, pp. 872-896, DOI: [10.1353/pew.2021.0060](https://doi.org/10.1353/pew.2021.0060)
10. Deroche, M.-H. “On Being ‘Impartial’ (*ris med*): From Non-Sectarianism to the Great Perfection.” Paris: *Revue d’Etudes Tibétaines*, no. 44, March 2018, pp. 129-158.
11. Deroche, M.-H., Yasuda, A. (in Japanese) 「ゾクチェンにおける三智 (ye shes gsum) の理論 —ロンチェンパの解釈とその典拠に関する考察—」 (Japanese shorter version of the English paper below). Kyoto: 日本西蔵学会会報 (*Nihon [Seizou/] Chibetto Gakkai Kaihou*, Journal of the Japanese Society of Tibetan Studies), No. 62, March 2017, pp. 13-23.
12. Deroche, M.-H. (Translated in Japanese from the English by Akinori Yasuda) 「チベット仏教におけるリメ (無偏) のアプローチ— 歴史、哲学、文化保存 —」 (“The Impartial Approach (*ris med*) in Tibetan Buddhism: History, Philosophy, and Cultural Preservation”), *Sangha Japan*, Vol. 2, July 2016, pp. 573-582.
13. Deroche, M.-H., Yasuda, A., “The *rDzogs chen* Doctrine of the Three Gnoses (*ye shes gsum*): An Analysis of Klong chen pa’s Exegesis and His Sources.” Paris: *Revue d’Etudes Tibétaines*, no. 33, October 2015, pp. 187-230.
14. Iyanaga, N., Deroche, M.-H. “De la notion d’universalisme et de son usage dans les études bouddhiques. Éléments de synthèse des travaux réalisés au colloque franco-japonais de Kyōto.” Tokyo: *Bulletin de la Société franco-japonaise des études orientales*, 日仏東洋学会の広報誌『通信』, 37/38, 2015, pp. 59-67.
15. Deroche, M.-H. “Recherches sur l’école des Anciens et l’approche impartiale au Tibet: Le rôle de Prajñāraśmi (1518-1584).” Tokyo: *Bulletin de la Société franco-japonaise des études orientales*, 日仏東洋学会の広報誌『通信』, 37/38, 2015, pp. 1-20.
16. Deroche, M.-H. “History of the Forgotten Mother Monastery of the Ancients’ School: The dPal ri Monastery in the Valley of the ‘Tibetan Emperors.’” India, Gangtok: *Bulletin of Tibetology*, 49-1, 2013, pp. 77-112.

17. Deroche, M.-H. (in Japanese) 「チベットにおける折衷主義の価値 –19 世紀の Ris med 運動に関する研究–」 (“The Value of Eclecticism in Tibet: Research on the 19<sup>th</sup> century *Ris med* movement”). Kyoto: 日本西蔵学会会報 (*Nihon [Seizou] Chibetto Gakkai Kaihou*, Journal of the Japanese Society of Tibetan Studies), 58, July 2012, pp. 15-28.
18. Deroche, M.-H. “Sherab Wozer (1518-1584).” In *The Treasury of Lives: Biographies of Himalayan Religious Masters*. New York: Rubin Museum of Art, electronic publication (consulted on 14/12/2011, URL: <http://treasuryoflives.org/biographies/view/Sherab-Wozer/8964>), 2011.
19. Deroche, M.-H. “Instructions on the View (*lta khrid*) of the Two Truths: Prajñāraśmi’s (1518-1584) *Bden gnyis gsal ba’i sgron me*.” In *Revisiting Tibetan Religion and Philosophy: Proceedings of the International Seminar of Young Tibetologists in Paris. Revue d’Études Tibétaines*. Paris: Centre National de la Recherche Scientifique, 22, November 2011, pp. 139-213.
20. Deroche, M.-H. “Les huit lignées de la pratique de la tradition tibétaine.” Saint Hugon: *Garuda*, n° 2, 2008, pp. 8-9.
21. Deroche, M.-H. “Jamgön Kongtrul le Grand (1813-1899). Vie et œuvre du grand érudit accompli universaliste.” Saint Hugon: *Dharma*, n° 50, 2005, pp. 63-71.
22. Deroche, M.-H. “Humanisme et tradition du Bouddha. Rencontre entre Lama Denys et Edgar Morin.” Saint Hugon: *Dharma*, n° 45, 2003, pp. 113-115.

### **Book Chapters and Proceedings**

23. Deroche, M.-H. (Translated in Japanese from the English by Hiroshi Nemoto) 「ニンマ派の世界観と実践論——ロンチェンパ「休息三部作」が説くゾクチェン修道論におけるマインドフルネス」 In 岩尾一史、池田巧 [編] 『チベットの歴史と社会』上、臨川書店、2021 年 1 月、pp. 280-302.
24. Deroche, M.-H. (Translated in Japanese from the English by Masatake Shinohara) 「生き方としての哲学——「聞・思・修」の意義と可能性」 In 池田裕一 [編] 『実践する総合生存学』京都大学学術出版会、2021 年 1 月、pp. 207-234.
25. Deroche, M.-H. “Buddhist Philosophy as a Way of Life: Perspectives on the Three Wisdoms from Tibet and Japan.” In Dan Arnold, Cécile Ducher, Pierre-Julien Harter (eds), *Reasons and Lives in Buddhist Traditions. Studies in Honor of Matthew Kapstein*. Boston, Wisdom Publications, 2019, pp. 277-290.
26. Deroche, M.-H. “Quelle sagesse pour le XXI<sup>e</sup> siècle? Philosophie transculturelle des approches fondées sur la *mindfulness*” in *Humanisme et Mindfulness, une éducation pour le XXI<sup>e</sup> siècle*, Frédéric La Combe (L. Lhündroup), Annie Pech & Eveline Grieder (eds). Paris: Dervy, 2020, pp. 58-68.
27. Deroche, M.-H. “Along the Middle Path, in Quest for Wisdom: The Great Madhyamaka in Rimé Discourses.” In *The Other Emptiness: Rethinking the Zhentong Buddhist Discourse in Tibet*, Klaus-Diether Mathes and Michael Sheehy (eds). New York: State University of New York Press, 2019, pp. 323-349.

28. Deroche, M.-H. "Instructions on the Great Perfection. Jamgön Kongtrul." In *A Gathering of Brilliant Moons: Practice Advice from the Rimé Masters of Tibet*, Holly Gayley and Joshua Schapiro (eds). Boston: Wisdom Publications, 2017, pp. 285-302.
29. Deroche, M.-H., "The 'Impartial' (*ris med*) Approach in Tibetan Buddhism: History, Philosophy and Cultural Preservation." Proceedings of the Kyoto University and Sikkim University Joint Workshop on Human Survivability and Philosophy, Kyoto University Hakubi Center, 2017, pp. 8-14.
30. Deroche, M.-H. "'Phreng po gter ston Shes rab 'od zer (1518-1584) on the Eight Lineages of Attainment: Research on a *Ris med* Paradigm." In *Contemporary Visions in Tibetan Studies. Proceedings of the First International Seminar of Young Tibetologists*, Brandon Doston et al. (eds). Chicago: Serindia Publications, 2009, pp. 319-342.

### **Articles for Science Communication**

31. Deroche, M.-H. (In Japanese) 「古代の知恵を未来に生かす」 『京都新聞』 ソフィア 2018/4/27 ("Transmitting Past Wisdom to the Future." *Kyoto Shinbun*, Sophia).
32. Deroche, M.-H., (French & English) "Les exercices bouddhiques du corps-esprit : contexte tibétain et enjeux transculturels"/ "Body-Mind Buddhist Exercises: Tibetan Context and Transcultural Issues." Editorial for the Réseau Asie & Pacifique (GIS, CNRS, Paris, France), French Network for Asian Studies, online publication: <http://www.gis-reseau-asie.org/monthly-articles/exercices-bouddhiques-corps-esprit-contexte-tibetain-enjeux-transculturels-marc-henri-deroche> (accessed 2017/07/18), April 2017.
33. Deroche, M.-H. (In Japanese) 「仏哲学から仏教学への道」 ("The Path from French Philosophy to Buddhist studies"), 『京大広報』, Kyoto University Public Relations, 721, April 2016, p. 4620.
34. Deroche, M.-H. "An Inquiry into the Nature of Mind. Research on Buddhist Sources from the Himalayas." *Kyoto University Research Activities*, vol. 4-2, September 2014, p. 22.
35. Deroche, M.-H. "An Inquiry into the Nature of Mind. Buddhist Philosophy and Interdisciplinary Dialogue." *The Kyoto University Hakubi Center Newsletter*, vol. 8, August 2014, p. 8.

### **Review**

36. Deroche, M.-H. "A Visual Treasure of Wisdom: Review of *Murals of Tibet*." *Kyoto Journal*, No. 92, 2018, pp. 114-115.
37. Deroche, M.-H. "STEIN Rolf Alfred., *La civilisation tibétaine*, Paris : L'Asiathèque, Collection « Langues et Mondes », 1996, 252 pp." Paris: *IESR - Institut européen en sciences des religions*, online publication consulted on 07/04/2009, URL : <http://www.iesr.ephe.sorbonne.fr/index5719.html>

### **Translations**

38. French translation from the English with consultation of the original Tibetan texts of chapter 5 "Esotérisme et aristocratie: les premiers Sa-skyapa" of the book project *Pour une esquisse historique de la pensée philosophique au Tibet* directed by Matthew Kapstein (Paris, CRCAO, UMR 8155 of the CNRS, with the funding of the Trace Foundation).

39. French translation from the English with consultation of the original Tibetan texts of chapter 10 “L’alliance sa-skyapa-mongole” of the book *Pour une esquisse historique de la pensée philosophique au Tibet* directed by Matthew Kapstein (Paris, CRCAO, UMR 8155 of the CNRS, with the funding of the Trace Foundation).
40. French translation of Tibetan extracts published in Matthew Kapstein, “Les pensées tibétaines.” In *Philosophies d’ailleurs: Tome 1, Les pensées indiennes, chinoises et tibétaines*, Roger-Pol Droit (ed.). Paris: Hermann, 2009, pp. 323-384.

### **Presentations in an International Conference**

41. Deroche, M.-H. “The Rising Sun of the Great Perfection: *rDzogs chen* Studies in Japan.” International Workshop on Tibetan Studies in Japan,” Kyoto Center of the Ecole française d’Extrême-Orient, 4<sup>th</sup> March 2023.
42. Deroche, M.-H. “Mindful Awareness as the Pillar of Learning: Study, Reflection, and Cultivation.” International Symposium on Mindfulness in Higher Education: East-West Perspectives, Kyoto University, 10<sup>th</sup> December 2022.
43. Deroche, M.-H. “The Life of a Wisdom Tradition: Buddhist Perspectives.” Mind and Life Europe, European Summer Research Institute, Pomaia, Italia, 23rd August 2022.
44. Deroche, M.-H. “Ethos of the Great Perfection: Continuous Mindfulness according to dPal sprul’s Foundational Manual,” 16<sup>th</sup> Conference of the International Association for Tibetan Studies, Prague, 4<sup>th</sup> July 2022.
45. Deroche, M.-H. “Mindfulness (*dran pa*) as a Bridge and Guard of the Great Perfection: A Typology of the Path of Vigilance Based on Klong chen pa’s Works.” 15th Seminar of the International Association of Tibetan Studies, Paris, 2019/7/8
46. Roth, H. and Deroche, M.-H. “Discussing the Epistemological Context of Contemplative Practice: From Buddhist Paradigms to Modern Academia.” Mind and Life International Institute Japan, Myoshin-ji, Kyoto, 2018/9/4
47. Deroche, M.-H. “Rectifying Mindfulness (念) according to the Three Wisdoms (三慧): A Buddhist Philosophical Framework and Cross-Cultural Discussion.” 日本マインドフルネス第5回大会, 1:東洋と西洋の出会い, Waseda University, Tokyo, 2018/12/23.
48. Deroche, M.-H. “Saving the Humanity of Humanity: Re-Actualizing the Cultivation of Self-Knowledge from the Perspective of World Philosophy.” At the World Humanities Conference: Challenges and Opportunities for a Planet in Transition, Co-organized by the UNESCO and the International Council for Philosophy and Human Sciences (CIPSH), Liège, Belgium, 10/08/2017.
49. Deroche, M.-H., Rappleye, J. “Listening, Reflection and Cultivation: Buddhist Quest for Wisdom & Paradigm for Contemplative Studies.” At the International Symposium of Contemplative Studies, organized by the Mind and Life Institute, San Diego, CA, USA, 12/11/2016.
50. Deroche, M.-H., “The ‘Impartial’ (*ris med*) Approach in Tibetan Buddhism: History, Philosophy and Cultural Preservation.” Kyoto University and Sikkim University Joint Workshop on Human Survivability and Philosophy, Gangtok, India, 21/03/2016.

51. Deroche, M.-H., “Listening, Reflection and Cultivation: Traditional Learning Model in Bhutan and New Approach in Kyoto University.” Kyoto University and Bhutan Royal University International Symposium on Emerging Sciences for Wild Life and Culture in Bhutan, Kyoto University, 11/7/2016.
52. Deroche, M.-H., Yasuda, A. (in Japanese) 「ゾクチェンにおける三智 (ye shes gsum) の理論 —ロンチェンパの解釈とその典拠に関する考察—」, 63th conference of the Japanese Association of Tibetan Studies (第 63 回日本西藏学会大会), Shitenoo University, Osaka, 15/10/2015.
53. Deroche, M.-H. “Quelle sagesse pour le XXI<sup>e</sup> siècle? Perspectives de Kyōto.” At the International Conference “Humanisme et mindfulness. Une éducation pour le XXI<sup>e</sup> siècle.” Institut Pleine Présence, Arvillard, France, 13/09/2015.
54. Deroche, M.-H. “From Non-Sectarianism to the Great Equanimity: the Notion of Impartiality in Tibet.” At the International Conference “Bouddhisme et Universalisme” 「仏教と普遍主義」, Kyoto University, Institute for Research in Humanities, 4/10/2014.
55. Deroche, M.-H. “Impartiality and Contemplation: On the Meaning of the Term *Ris med* in *Mahāmudra* and *rDzogs chen*.” 17<sup>th</sup> Conference of the International Association of Buddhist Studies, University of Vienna, 20/08/2014.
56. Deroche, M.-H. “Heartfelt ‘Mind Instructions’: Inquiry into Tibetan Contemplative Traditions and Literature.” Poster presented at the Summer Research Institute of the Mind and Life Institute, Garrison, New York, 16/06/2013.
57. Deroche, M.-H. (in Japanese) 「チベットにおける折衷主義の価値 —19 世紀の *Ris med* 運動に関する研究—」, “The Value of Eclecticism in Tibet: Research on the 19<sup>th</sup> century *Ris med* movement”). 59th conference of the Japanese Association of Tibetan Studies (第 59 回日本西藏学会大会), Shuchiin University, Kyoto, 22/10/2011.
58. Deroche, M.-H. “The Middle Path of Eclecticism: The *Ris med* Dialectic of ’Jam mgon Kong sprul’s Great Madhyamaka.” 16th conference of the International Association of Buddhist Studies (IABS), Dharma Drum College, New Taipei, 23/06/2011.
59. Deroche, M.-H. “The ’Phyong rgyas Dpal ri theg chen gling Monastery Founded by ’Phreng po gter ston Shes rab ’od zer (1518-1584): History and Contributions to the Renaissance of the Rnying ma School and to the Non-Sectarian (*ris med*) Movement.” 12th conference of the International Association for Tibetan Studies (IATS), British Columbia University (UBC), Vancouver, 19/08/2010.
60. Deroche, M.-H. “*The Lamp Illuminating the Two Truths: Study of the *Bden gnyis gsal ba’i sgron me* written by Prajñāraśmi alias ’Phreng po gter ston Shes rab ’od zer (1518-1584).*” Second International Seminar of Young Tibetologists (ISYT), École Normale Supérieure, Paris, 8/09/2009.
61. Deroche, M.-H. “Research on some sources of the *Ris med* movement: the works of Gter ston Shes rab ’od zer (1518-1584).” First International Seminar of Young Tibetologists (ISYT), School of Oriental and African Studies (SOAS), London, 12/08/2007.

### **Guest Lectures and Oral Communications**

62. Deroche, M.-H., (In French) “L’amour de la sagesse à la croisée de l’Orient et de l’Occident : écoute, réflexion et méditation.” Les Assises de la Sagesse, 2/07/2022. Online Master Class: <https://www.youtube.com/watch?v=LBCPWm5QurM>
63. Deroche, M.-H., “Mindfulness: Perspectives from the Nyingma Tradition” Shangshung Institute UK, 20/11/2021. Online guest lecture: <https://www.youtube.com/watch?v=b-d4ybmPE8I>
64. Deroche, M.-H., (in Japanese) 「東洋を経由して、西から西へ—「聞・思・修」と「知への愛」(フィロソフィア)—」 (“From the West to the West, Through the East: ‘Listening, Reflection and Cultivation’ and the ‘Love of Wisdom’ (*philosophia*)”), ミニワークショップ世界哲学の課題—東と西の架橋・越境 (Mini-Workshop on “The Question of World Philosophy: East-West Bridging and Crossing”), Kyoto University, GSAIS, 28/06/2017.
65. Deroche, M.-H., (in Japanese) 「宗教と科学 — 同じ? 反対? 相補的?」 (“Science and Religion: Same? Opposite? Complementary?”), Joukyouji Temple, Kyoto, お寺で宇宙学, Space Studies in Temples, co-organized by Kyoto University’s Unit for Space Studies, Kyoto 27/11/2015.
66. Deroche, M.-H. “The Essence of the Impartial (*ris med*) Approach: Some Reflections on Tibetan Buddhism and Beyond.” Kathmandu University, Centre for Buddhist Studies at Rangjung Yeshe Institute, Kathmandu (Nepal), 20/03/2014.
67. Deroche, M.-H. “Renouveaux de l’école ancienne (*rnying ma*) et approche impartiale (*ris med*) au Tibet: la filiation de Prajñāraśmi (1518-1584).” Institut des Langues et Civilisations Orientales (INALCO), Paris, 23/10/2013.
68. Deroche, M.-H. “L’essence de l’approche impartiale (*ris med*) dans le bouddhisme tibétain.” Université Rimay Nalanda (France), 27/08/2013.
69. Deroche, M.-H. “La contemplation en Orient et en Occident: une approche comparée du Dzogchen et du néoplatonisme.” Université Rimay Nalanda (France), 28/08/2013.
70. Deroche, M.-H. “Memory, Revelation and Authority: The Treasures’ (*gter ma*) Tradition from the Ancient Tibetan Empire to the Fifth Dalai Lama.” *Kyoto Lectures* organized by the École française d’Extrême-Orient (EFEO), the Scuola Italiana di Studi sull’Asia Orientale (ISEAS) and the Institute for Research in Humanities of Kyoto University, Kyoto University, Kyoto, 15/03/2012.
71. Deroche, M.-H. (in Japanese) 「フランスから見た仏教」 (“A French Perspective on Buddhism”), Heijōkyō Rotary Club, Nara, 4/11/2012.
72. Deroche, M.-H. “Les grands personnages de ‘l’étude, de la réflexion et de la méditation’ bouddhiques (*thos bsam sgom*) au Tibet. Étude des traités de *L’Ambrosie d’Immortalité* (*‘Chi med kyi bdud rtsi*), XVI<sup>e</sup> siècle.” EPHE, Doctoral Meeting, Paris, 6/12/2007.
73. Deroche, M.-H. “Forme et vacuité : les phases de création et de perfection dans l’ascèse tantrique indo-tibétaine.” EPHE, Interdisciplinary Meeting of PhD Candidates, Paris, 12/02/2005.

## REFERENCES IN MASS MEDIA

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74. Mention in Brillaud, R. “L’expérience pure selon le Zen,” *La Vie. Hors-série: Êtes-vous intelligent ?*, Paris, France, April 2016, p. 25.

## RESEARCH GRANTS and SCHOLARSHIPS

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- 2023-2027 Main Investigator for the Grant-in-Aid for Scientific Research (C) from the Japanese Society for the Promotion of Science (JSPS) for the project “Mindfulness in the Nyingma School of Tibetan Buddhism: Philology of Canonical Sources, Exegesis, and Philosophy of Self-Awareness” (No. 23K00048); 4,550,000 JPY.
- 2017-2021 Main Investigator of the Grant-in-Aid for Young Scientists (B) from the Japanese Society for the Promotion of Science (JSPS), for the project “Research on ‘Mindfulness’ in Tibetan Buddhism: Philology of *rDzogs chen*’s Canon, Scholastic Synthesis, and Philosophy of Vigilance” (No. 17K13328); 4,160,000 JPY.
- 2015-2016 Member of the JSPS Project 基盤 (B) 「仏典における認識機序記述の研究」 (“Research on the Description of Cognitive Mechanisms in Buddhist Scriptures”) led by Professor Hideaki Nakatani (No. 25284014).
- 2013-2015 Main Investigator of the Grant-in-Aid for Scientific Research from the Japanese Society for the Promotion of Science (JSPS), Research Activity Start-up for the Project “Research on Buddhist Synthesis in Tibet: Philological and Philosophical Analysis of the *rDzogs chen* Theory of the Three Gnoses/Wisdoms” (No. 25884034); 2,990,000 JPY.
- 2010-2013 Scholarship from the Japanese Ministry of Education (文部科学省) as Doctoral Student at Kyoto University, Graduate School of Letters, Buddhist Studies
- 2012 Grant from Kyoto University Erasmus Program to join the Research Project “Toward a History of Philosophical Thought in Tibet” directed by Matthew Kapstein, Paris, Centre de Recherche sur les Civilisations de l’Asie Orientale (CRCAO, UMR 8155 of the CNRS).
- 2011 Grant from Kyoto University Erasmus Program to join the Research Project “Toward a History of Philosophical Thought in Tibet” directed by Matthew Kapstein, Paris, Centre de Recherche sur les Civilisations de l’Asie Orientale (CRCAO, UMR 8155 of the CNRS).
- 2010 Grant from Kyoto University Erasmus Program to join the 12<sup>th</sup> Conference of the International Association for Tibetan Studies (IATS), University of British Columbia (UBC), Vancouver, 15-21 August 2010.
- 2010 Grant from the CNRS, Paris (UMR 8155) for fieldwork research in Tibet
- 2009 Grants from the CNRS, Paris (UMR 8155), the Fond de Solidarité et de Développement des Initiatives Étudiantes (FSDIE) of the EPHE, the INALCO, University Paris Ouest La Défense Nanterre, and Trace Foundation (New York) for organizing the Second International Seminar of Young Tibetologists (ISYT) in Paris, 7-11 September 2009.

2008-2010 Scholarship from the Japanese Ministry of Education (文部科学省) as Research Student at Kyoto University, Graduate School of Letters, Buddhist Studies

## ACADEMIC CLASSES AND SEMINARS

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2022-present “Théories bouddhiques de la méditation,” at Lyon University 1 Claude Bernard, Medical School (University Diploma on “Méditation, pleine conscience et compassion : approche intégrative en santé”), annual class of 1h30.

2019-present Seminar “Tibetan Buddhist Theories of Meditation,” Graduate School of Letters, Kyoto University, weekly class of 1h30

2018-present Master/Doctoral Class “Buddhism Across Asian Civilizations,” GSAIS, Kyoto University, weekly class of 1h30

2017-present Undergraduate lecture class (In Japanese) 「京都学派——伝統と可能性」 “The Kyoto School: Tradition and Potentialities”, in charge of 5 classes on Buddhist studies (1h30 each), GSAIS, Kyoto University.

2017 Introduction to Human Survivability Studies, in collaboration of the whole faculty, charge of 1 class (1h30) on Humanities & Philosophy / Buddhist studies, GSAIS, Kyoto University.

2016-2021 Kyoto University Executive Leadership Program Class (in Japanese): 「仏教学における「正念」——「三慧」でマインドフルネスを正す」 (“The notion of *sati/smṛti* in Buddhist studies: Rectifying Mindfulness according to the Threefold Wisdom”), special class of 3 hours (each year).

2015-2018 Seminar “Buddhist Schools in Tibet: History and Texts,” Graduate School of Letters, Kyoto University, weekly class of 1h30

2015-present Master/Doctoral Class “Philosophy of Mind: East & West,” GSAIS, Kyoto University, weekly class of 1h30

2015-2018 Master/Doctoral Class “Preservation of the Knowledge Heritage of Humanity,” GSAIS, Kyoto University, weekly class of 1h30

2013-present Seminar (in Japanese), 「インド古典学・仏教学フランス語文献の講読」 (Reading of French Academic Literature on Classical Indian Studies and Buddhist Studies), Graduate School of Letters, Kyoto University, weekly class of 1h30

2012-2015 Advanced Class (in French), “Histoire des idées.” (Intellectual History, 思想史) Institut français Japon-Kansai, Kyoto, weekly class of two hours

2011 Bachelor Class (in Japanese) 「フランスから見た禅」 (“A French Perspective on Zen”). Hanazono University, Kyoto, 23/05/2011, 1h30

2011 Master Class, “La civilisation tibétaine et le bouddhisme.” Asian Studies Institute of the Catholic Portuguese University, Lisbon, 26/03/2011, two classes of 1h30

## CONTRIBUTION TO ACADEMIC SOCIETIES & EVENTS

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- 2023-present Member of the Japanese Association of Mindfulness
- 2020-present Guest Editor of the Special Issue of the peer review and open access journal *Religions* on “Listening, Reflection and Practice”
- 2018-present Main Supervisor of the Mindful Living Research Group, GSAIS, Kyoto University.
- 2020-present Editorial Board Member of the Cahier d’Extrême-Asie published by the Ecole Française d’Extrême-Orient
- 2019-present Fellow of the Mind & Life Institute (USA)
- 2019-present Editorial Board Member of Brill series “Philosophy as a Way of Life: Text and Studies”
- 2017-2018 Member of the Program Planning Committee of the International Research Institute in Japan of the Mind & Life Research Institute (USA)
- 2015-2019 Member of the Research Group on the Philosophy of Survivability / Life (生存/生の哲学研究会), GSAIS, Kyoto University.
- 2015-present Board Member of the organizing committee of the annual international symposium of the GSAIS, Kyoto University.
- 2015-present Board Member of Kyoto University “Executive Leadership Program” (ELP)
- 2014-present Board Member of the 日仏東洋学会/Société franco-japonaise des études orientales (Regular Member from 2009)
- 2013-2014 Deputy Secretary General of the International Colloquium “Mapping the Mind: A Dialogue between Scientists and Contemplative Scholars-Practitioners” (*featuring the 14th Dalai Lama Tenzin Gyatso*), a collaboration between the Kokoro Research Center (Kyoto University) and the Mind and Life Institute (Massachusetts), Kyoto, 11-12 April 2014. Watch the full event online: <https://youtu.be/kn93IKmaKgc?list=PL0afJ4rP1PHwlqiOnVXZ-QJkeUSn1KVKj>
- 2013 Commentator of the Symposium “The Momenta behind Changes in Religious Currents in Ancient and Medieval India” at the 58<sup>th</sup> International Conference of Eastern Studies, 第58回国際東方学会議シンポジウム「インド古代・中世における宗教思潮変革のモメンタム」, Tokyo, 24/05/2013.
- 2012-2014 Co-Coordinator of the International Conference “Bouddhisme et universalisme : regards sur l’histoire des civilisations asiatiques” 「仏教と普遍主義 —アジアの哲学史と宗教史への視線—」, *a collaboration between* Kyoto University, le Collège de France et l’École française d’Extrême-Orient (京都大学 / コレージュ・ド・フランス / フランス国立極東学院), *with the support of* l’Ambassade de France au Japon, le Consulat général de France à Kyoto, l’Institut français du

Japon Kansai, la Maison franco-japonaise, l'Association franco-japonaise des études orientales, le Centre de Recherche sur les Civilisations de l'Asie Orientale-UMR 8155 du CNRS, l'École Pratique des Hautes Études, la Scuola Italiana di Studi sull'Asia Orientale (在日フランス大使館 / 在日京都フランス総領事館 / アンステイテュ・フランセ関西 / 日仏会館 / 日仏東洋学会 / フランス国立研究センター・東アジア文化研究チーム-CNRS UMR 8155 / パリ高等学院 / イタリア東方学研究所), Kyoto 3-5 October 2014

- 2011-present            Member of the International Association of Buddhist Studies (IABS)
- 2010/2019-present    Member of the International Association for Tibetan Studies
- 2009-present    Member of the Japanese Association of Tibetan Studies (日本チベット学会)
- 2007-2009        Treasurer of the Organizing Committee of the Second International Seminar of Young Tibetologists (ISYT) in Paris, 7-11/09/2009
- 2008              Facilitator of the workshop “Religion and Media/Arts” at the Second Asia-Europe Youth Interfaith Dialogue, organized by the Asia-Europe Foundation (ASEF) in Bandung, Indonesia, 23-27/06/2008